



Preliminary Program - Session 1 Saturday 18 April 2015 10.00

Competition name: Swedish Grand Prix 3

Competition place: Jönköping

Organizer: SSF/Jönköpings SS

Start	Nr	Event	Class	Round	Notes
10:00	1	100m Freestyle Men	M	Heats	
10:07	2	200m Freestyle Women	W	Heats	
10:18	3	50m Breaststroke Men	M	Heats	
10:24	4	100m Breaststroke Women	W	Heats	
10:33	5	400m Medley Men	M	Heats	
10:50	6	100m Butterfly Women	W	Heats	
10:58	7	100m Backstroke Men	M	Heats	
11:05	8	50m Backstroke Women	W	Heats	
11:10	9	200m Butterfly Men	M	Heats	
11:22	10	200m Medley Women	W	Heats	
11:34	11	400m Freestyle Men	M	Heats	
11:49	12	50m Freestyle Women	W	Heats	
11:55	13	200m Breaststroke Men	M	Heats	
12:07	14	1500m Freestyle Women	W	Heats	
12:45	15	50m Butterfly Men	M	Heats	
12:51	16	200m Backstroke Women	W	Heats	
13:03	33	1500m Freestyle Men	M	Heats	
13:21		Session End			

Time between heats: 20 secs

Time between relay heats: 60 secs

Time between events: 1 min

Time between relay events: 3 mins

Time for pause: 10 minutes

Time for price ceremony: 6 minutes